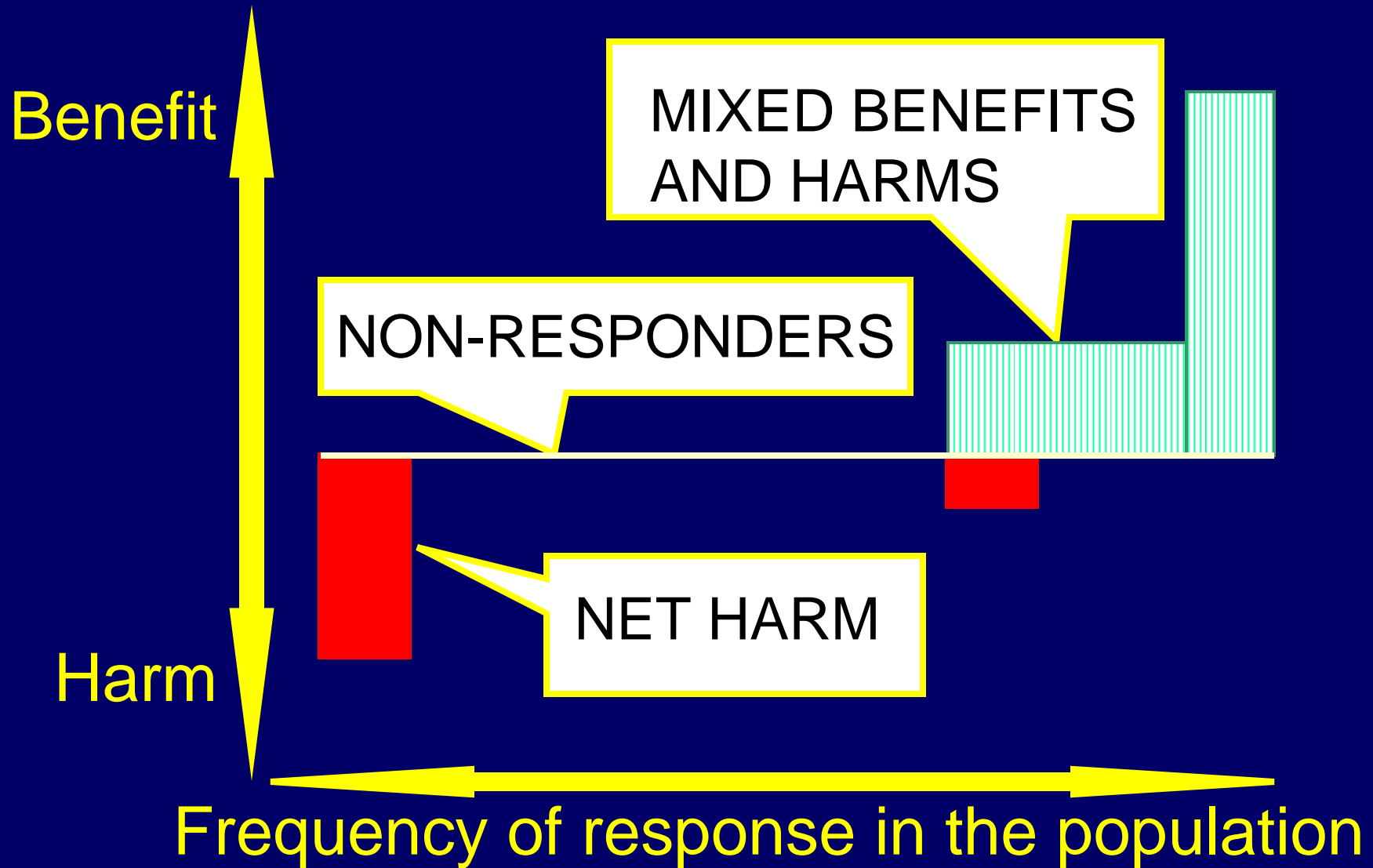


Clinical Pharmacology and Translational Research Symposium:
Translation of Pharmaceutical Science to Practice
FIP Pharmaceutical Sciences World Congress- American Association of
Pharmaceutical Scientists Annual meeting, November 16, 2010
New Orleans, LA

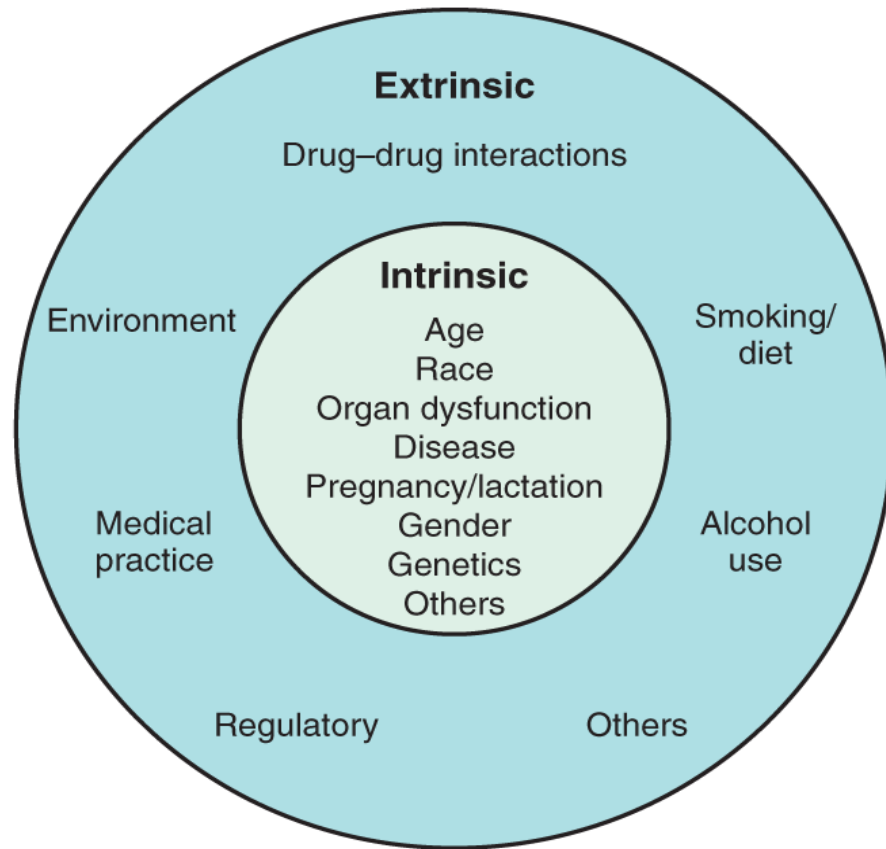
Scientific Perspective on Pharmacogenetic Tests Informing Clinical Decisions

Shiew-Mei Huang, Ph.D.
Deputy Director
Office of Clinical Pharmacology (OCP)
OTS, CDER, FDA
shiewmei.huang@fda.hhs.gov

Variability of Patient Response



Many Factors Affect Drug Exposure/Response



It is critical to
evaluate how these
factors affect drug
exposure/response

Ultimate goal →
Optimal dosing for
patients with these
individual factors

*Huang S-M, Temple R, Is this the Drug or Dose for you?
Clin Pharmacol Ther 84: 287-294, 2008*

<FDA Clinical Pharmacology guidance documents:

<http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm064982.htm>

Comparative exposure and dose recommendation in subgroups with various patient factors

Group	Ethnic factor	Fold change in exposure (AUC)	Initial dose (mg)	Daily dose (mg)
1	Control	1-fold	10–20	5–40
2	Hepatic impairment	1.1-fold (mild) 1.2-fold (moderate)	10–20 10–20	5–40 5–40
3	Renal impairment	1-fold (mild) 1-fold (moderate) 3-fold (severe)	10–20 10–20 5	5–40 5–40 ≤10
4	Race	2-fold (Asians)	5	5–20
5	Cyclosporine	7-fold		5
6	Gemfibrozil	1.9-fold		10
7	Lopinavir/ ritonavir	5-fold		10

(Data compiled from labeling for Crestor (rosuvastatin; AstraZeneca);

Labeling from <http://www.accessdata.fda.gov/scripts/cder/drugsatfda>); November 2007 labeling

→ **Current practice: Adjust the dose to achieve similar systemic exposure → Only the first step**

<Huang S-M, Temple R, Clin Pharmacol Ther. 84(3): 287-294, 2008>

Risk Communications

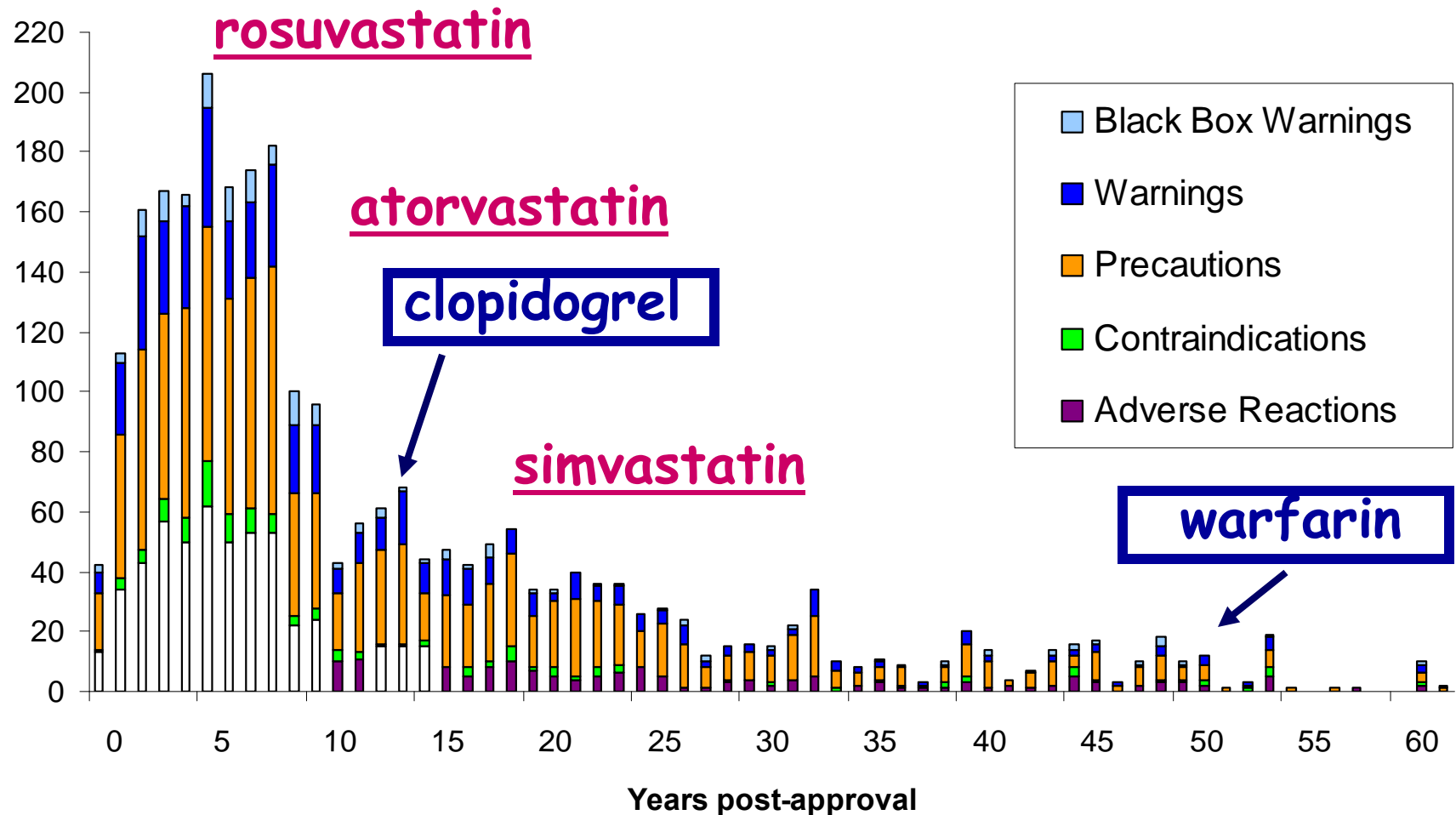
An important facet of FDA's risk communication strategy and mission has always been educating the public about the appropriate use of FDA-regulated products.

“...education involves more than ensuring the accuracy of product labeling ...”

FDA Strategic Plan for Risk Communications, September 30, 2009
<http://www.fda.gov/AboutFDA/ReportsManualsForms/Reports/ucm183673.htm>

Composition of Safety-Related Labeling Changes for All Drug Products

(changes made Oct 2002-Aug 2005, n=2645 label changes for 1601 NDA/BLA entries)

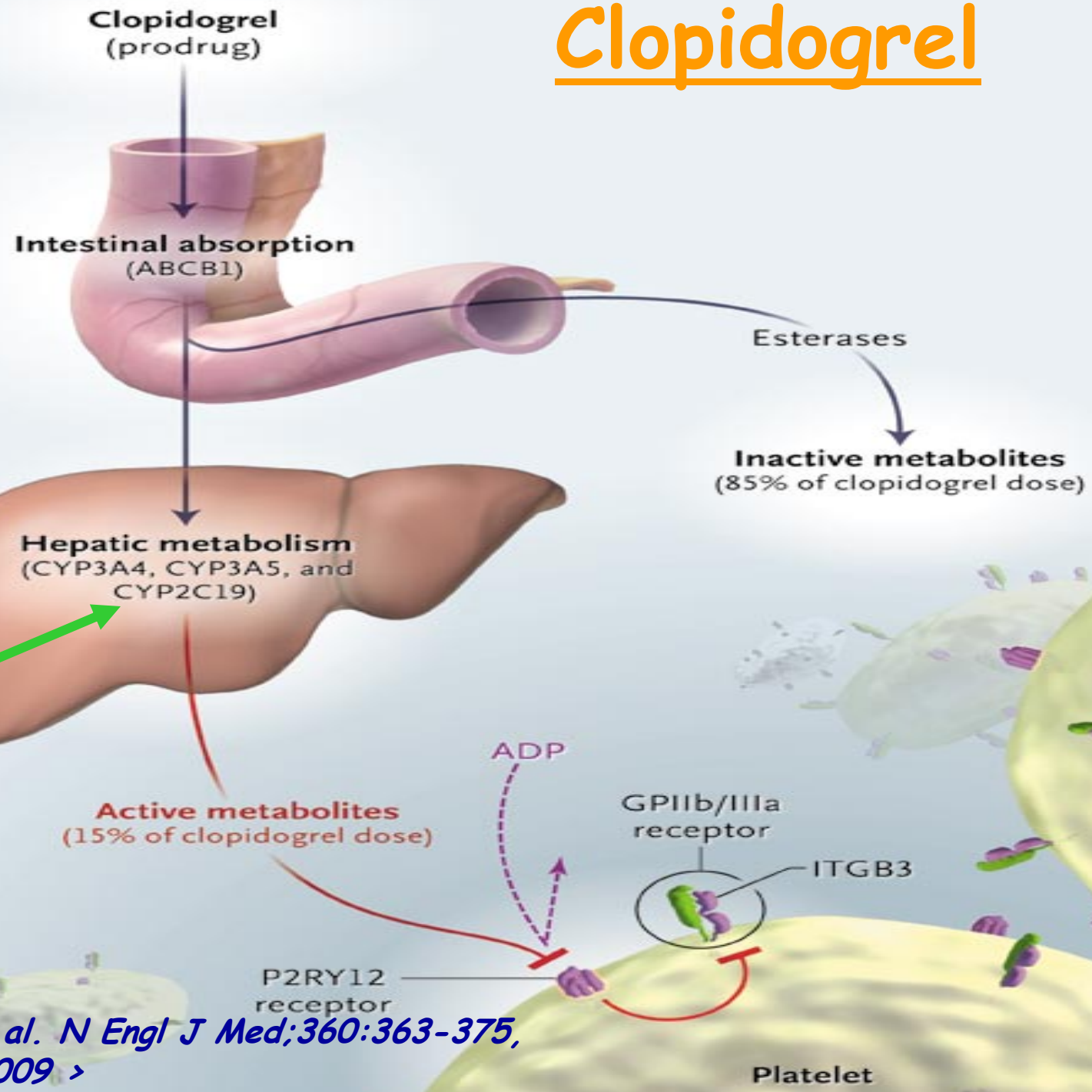


Modified from: T Mullin, CDER, Office of Planning and Analysis, OTS presentation, May 2009

Labeling Example (1)

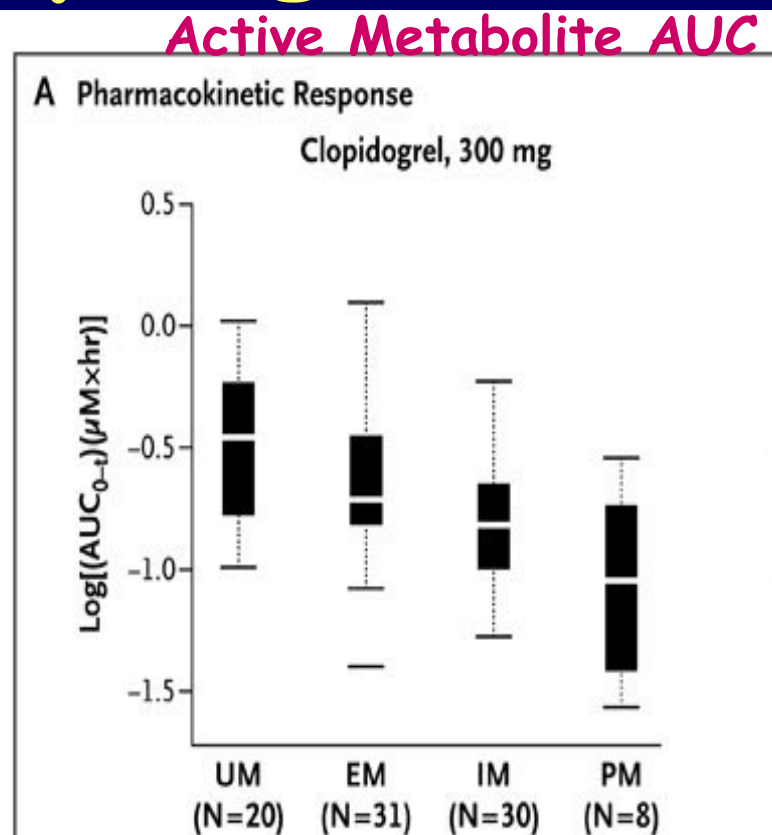
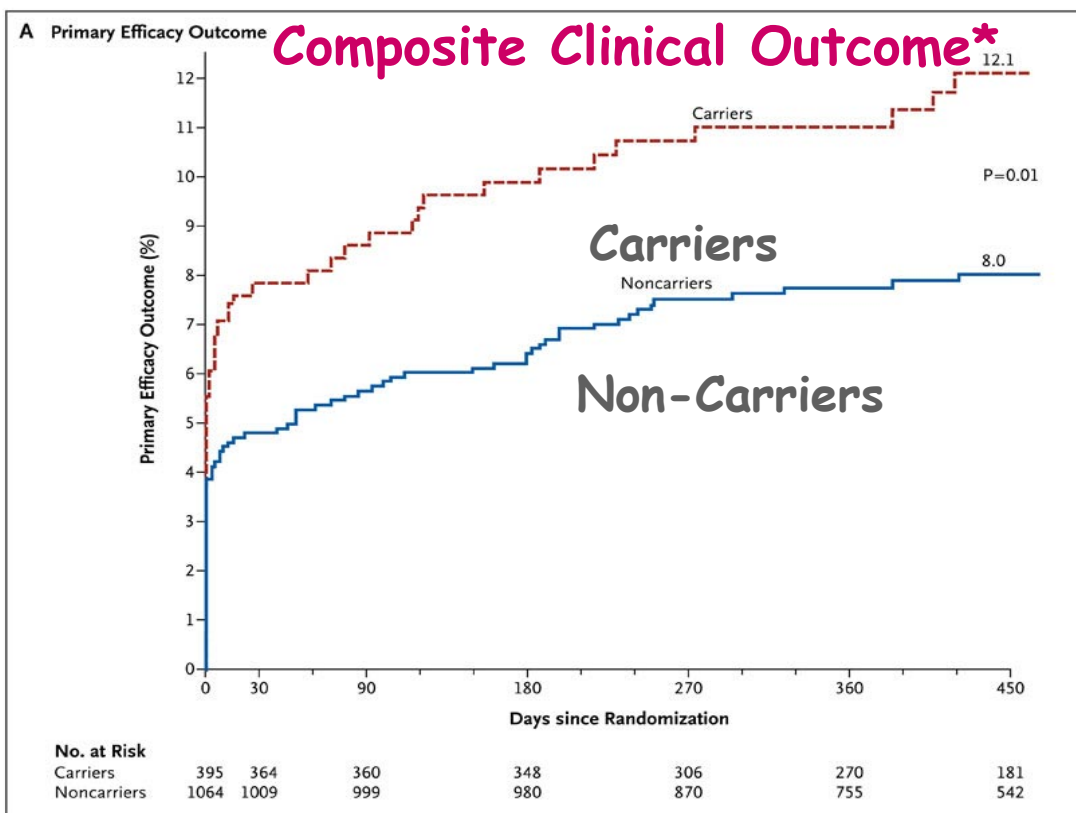
Updating labeling
Genetic Data \leftrightarrow
Drug Interaction warning

Clopidogrel



◀ Simon et al. *N Engl J Med*;360:363-375, January 2009 ▶

CYP2C19 and Clopidogrel



Carriers: with at least one variant alleles,
*2, 3, 4, 5, 8 (IM+PM);

***Outcome:** a composite of death from
cardiovascular causes, myocardial infarction,
or stroke

< Mega J et al. *N Engl J Med* 2008;10.1056/NEJMoa0809171 >

Another study also examined MDR1

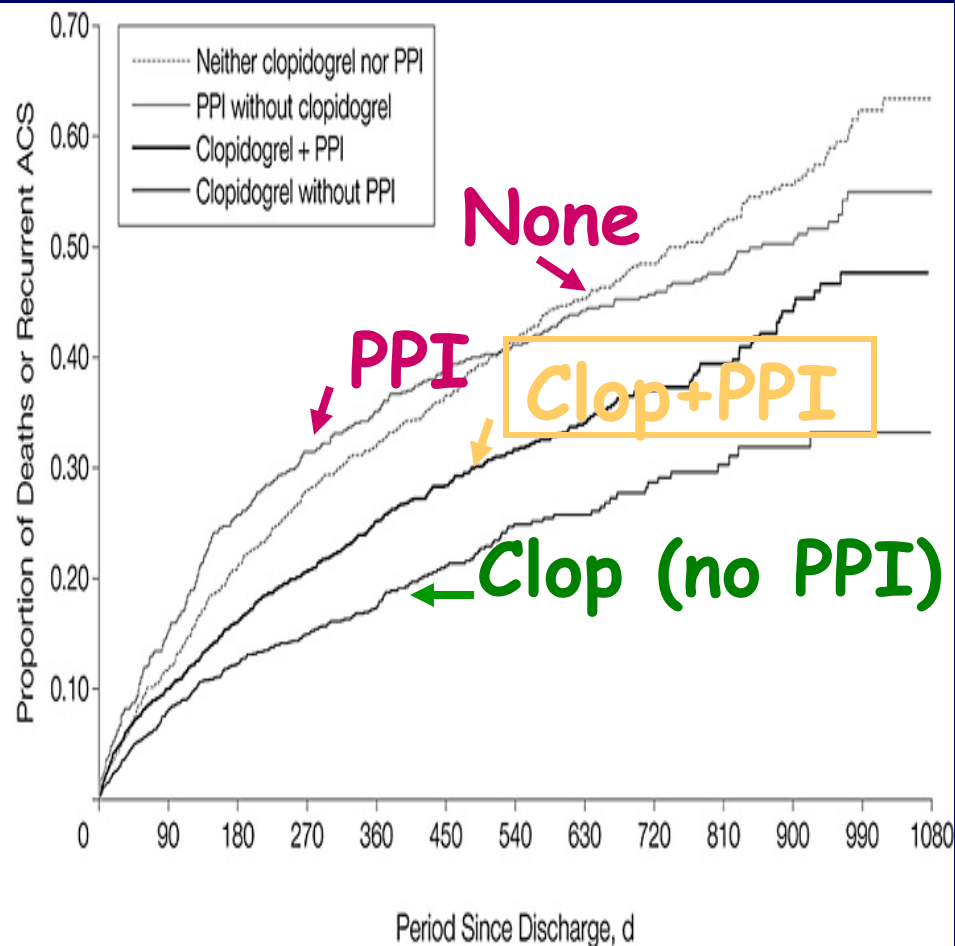
< Simon T et al. *N Engl J Med* 2008; <http://content.nejm.org/cgi/content/full/360/4/363>

PM: with two reduced function alleles

IM: one reduced function allele

EM: no variant alleles;

UM: one or two *17



No. at risk	Period Since Discharge, d						
Neither clopidogrel nor PPI	1223	1688	1531	1127	751	391	180
PPI without clopidogrel	1093	1223	1210	921	585	310	155
Clopidogrel without PPI	2425	1878	1179	620	362	147	78
Clopidogrel + PPI	3931	2490	1577	891	494	214	102

Ho PM, et al, JAMA, March 4, 2009; 301: 937 - 944.

Medco study (16,690 patients) taking clopidogrel after stenting-- the risk of major adverse cardiovascular events increased to 25% (from 18%) in patients taking PPIs ---

<http://cardiobrief.org/2009/05/06/scai-clopidogrelppi-wed-1130am/>; May 6, 2009

FDA Actions

January 2009: Early communication

Healthcare providers should re-evaluate the need for starting or continuing treatment with a PPI, including Prilosec OTC, in patients taking clopidogrel.....

January 26, 2009

http://www.fda.gov/cder/drug/early_comm/clopidogrel_bisulfate.htm

May 2009: Labeling changes

CYP2C19 poor metabolizer status is associated with diminished response to clopidogrel. The optimal dose regimen for poor metabolizers has yet to be determined

Drugs at the FDA (Plavix, "DOSAGE and ADMINISTRATION-Pharmacogenetics", & "PRECAUTIONS- Drug Interactions")

http://www.accessdata.fda.gov/drugsatfda_docs/label/2009/020839s040lbl.pdf

<http://www.accessdata.fda.gov/Scripts/cder/DrugsatFDA/>

Safety

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[Home](#) > [Safety](#) > [MedWatch The FDA Safety Information and Adverse Event Reporting Program](#) > [Safety Information](#)

MedWatch The FDA Safety Information and Adverse Event Reporting Program

Safety Information

Safety Alerts for Human Medical Products

[2009 Safety Alerts for Human Medical Products](#)
[2008 Safety Alerts for Human Medical Products](#)
[2007 Safety Alerts for Human Medical Products](#)
[2006 Safety Alerts for Human Medical Products](#)
[2005 Safety Alerts for Human Medical Products](#)
[2004 Safety Alerts for Human Medical Products](#)
[2003 Safety Alerts for Human Medical Products](#)
[2002 Safety Alerts for Human Medical Products](#)
[2001 Safety Alerts for Human Medical Products](#)
[2000 Safety Alerts for Human Medical Products](#)

Clopidogrel (marketed as Plavix) and Omeprazole (marketed as Prilosec) - Drug Interaction

Audience: Cardiovascular healthcare professionals, pharmacists

[Posted 11/17/2009] FDA notified healthcare professionals of new safety information concerning an interaction between clopidogrel (Plavix), an anti-clotting medication, and omeprazole (Prilosec/Prilosec OTC), a proton pump inhibitor (PPI) used to reduce stomach acid. New data show that when clopidogrel and omeprazole are taken together, the effectiveness of clopidogrel is reduced. Patients at risk for heart attacks or strokes who use clopidogrel to prevent blood clots will not get the full effect of this medicine if they are also taking omeprazole. Separating the dose of clopidogrel and omeprazole in time will not reduce this drug interaction.

Other drugs that are expected to have a similar effect and should be avoided in combination with clopidogrel include: cimetidine, fluconazole, ketoconazole, voriconazole, etravirine, felbamate, fluoxetine, fluvoxamine, and ticlopidine.

Recommendations for healthcare professionals are provided in the "Information for Healthcare Professionals" sheet.

[11/17/2009 - [Information for Healthcare Professionals](#) - FDA]

[11/17/2009 - [Public Health Advisory](#) - FDA]

[11/17/2009 - [Follow-Up to January 2009 Early Communication](#) - FDA]

Previous Medwatch Alert:

[01/26/2009] Clopidogrel bisulfate (marketed as Plavix) Early Communication

March 2010 Relabeling

WARNING: DIMINISHED EFFECTIVENESS IN POOR METABOLIZERS

- Effectiveness of Plavix depends on activation ... by ... CYP2C19
- Poor metabolizers exhibit higher cardiovascular event rates following ... acute coronary syndrome (ACS). or ... percutaneous coronary intervention (PCI) than patients with normal CYP2C19 function
- Tests are available to identify .. CYP2C19 genotype ...
- Consider alternative treatment or treatment strategies in patients identified as CYP2C19 poor metabolizers

WARNINGS AND PRECAUTIONS

- Avoid concomitant use with drugs that inhibit CYP2C19 (e.g., omeprazole)

Drugs at the FDA (Plavix, "HIGHLIGHTS")

http://www.accessdata.fda.gov/drugsatfda_docs/label/2010/020839s042/b1.pdf

<http://www.accessdata.fda.gov/Scripts/cder/DrugsatFDA/>

August 2010 Relabeling

2.3 CYP2C19 Poor Metabolizers

CYP2C19 poor metabolizer status is associated with diminished antiplatelet response to clopidogrel. Although a higher dose regimen in poor metabolizers increases antiplatelet response [see *Clinical Pharmacology* (12.5)], an appropriate dose regimen for this patient population has not been established.

2.4 Use with Proton Pump Inhibitors (PPI)

Omeprazole, a moderate CYP2C19 inhibitor, reduces the pharmacological activity of Plavix. Avoid using omeprazole concomitantly or 12 hours apart with Plavix. Consider using another acid-reducing agent with less CYP2C19 inhibitory activity. A higher dose regimen of clopidogrel concomitantly administered with omeprazole increases antiplatelet response; an appropriate dose regimen has not been established [see *Warnings and Precautions* (5.1), *Drug Interactions* (7.1) and *Clinical Pharmacology* (12.5)].

Drugs at the FDA

http://www.accessdata.fda.gov/drugsatfda_docs/label/2010/020839s048lbl.pdf

<http://www.accessdata.fda.gov/Scripts/cder/DrugsatFDA/>

October 2010 Publication

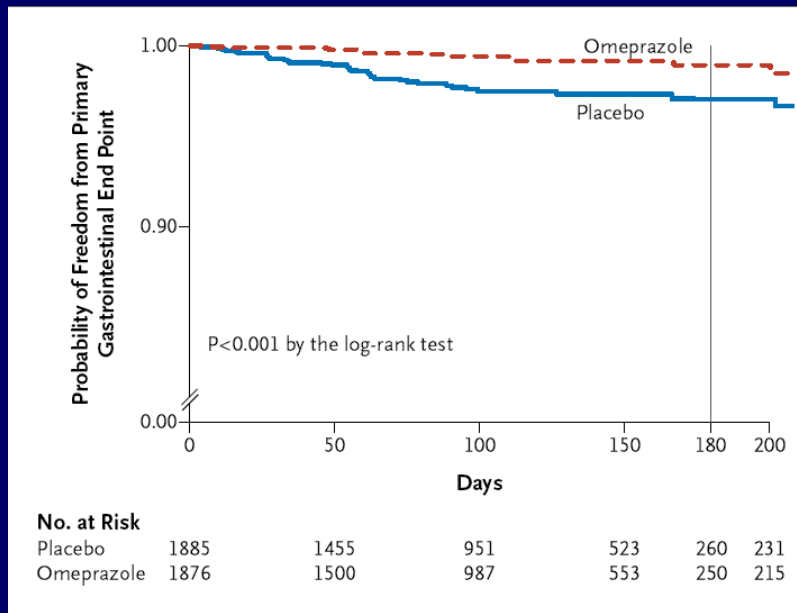


Figure 1. Kaplan-Meier Estimates of the Probability of Remaining Free of Primary Gastrointestinal Events, According to Study Group. The event rate for the primary gastrointestinal end point at day 180 was 1.1% in the omeprazole group and 2.9% in the placebo group.

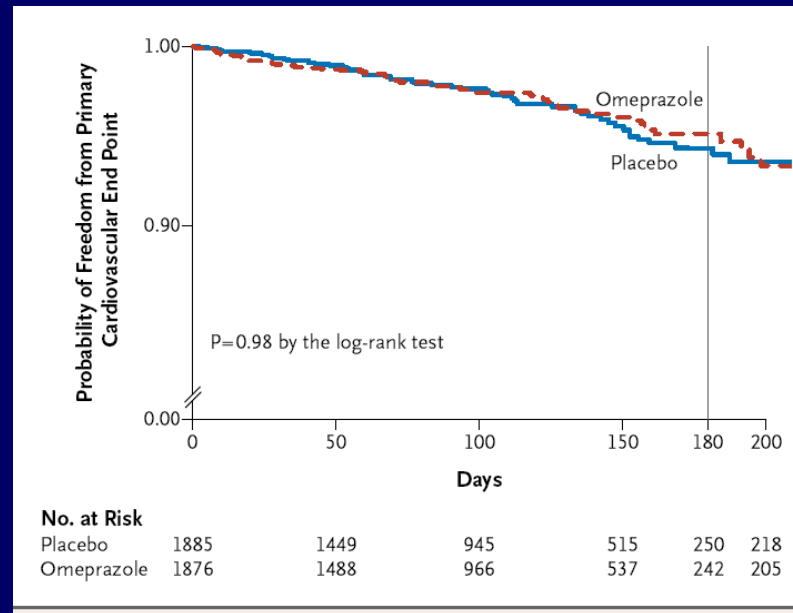


Figure 2. Kaplan-Meier Estimates of the Probability of Remaining Free of Primary Cardiovascular Events, According to Study Group. The event rate for the primary cardiovascular end point at day 180 was 4.9% in the omeprazole group and 5.7% in the placebo group.

→ Among patients receiving aspirin and clopidogrel, prophylactic use of a PPI reduced the rate of upper gastrointestinal bleeding. There was no apparent cardiovascular interaction between clopidogrel and omeprazole, but our results do not rule out a clinically meaningful difference in cardiovascular events due to use of a PPI.

D.L. Bhatt and Others | October 6, 2010 | (DOI: 10.1056/NEJMoa1007964)
<http://www.nejm.org/doi/pdf/10.1056/NEJMoa1007964>

Clopidogrel and Pharmacogenetic Test in Clinical Practice (one example)

- Vanderbilt University Medical Center joins Scripps Clinic, starting to routinely test for variations in CYP2C19 gene before antiplatelet therapy

Test for *1 (wild), 2, 3 (loss-of-function), 17 (gain-of-function)

Individual clinicians to decide treatment options

- If homozygous for loss-of-function
→ prasugrel
- If contraindications for prasugrel
→ increase the dose from 75 to 150 mg
or ticagrelor when it is available

<http://www.theheart.org/article/1139495.do> (October 21, 2010)

Labeling Example (2)

Warfarin

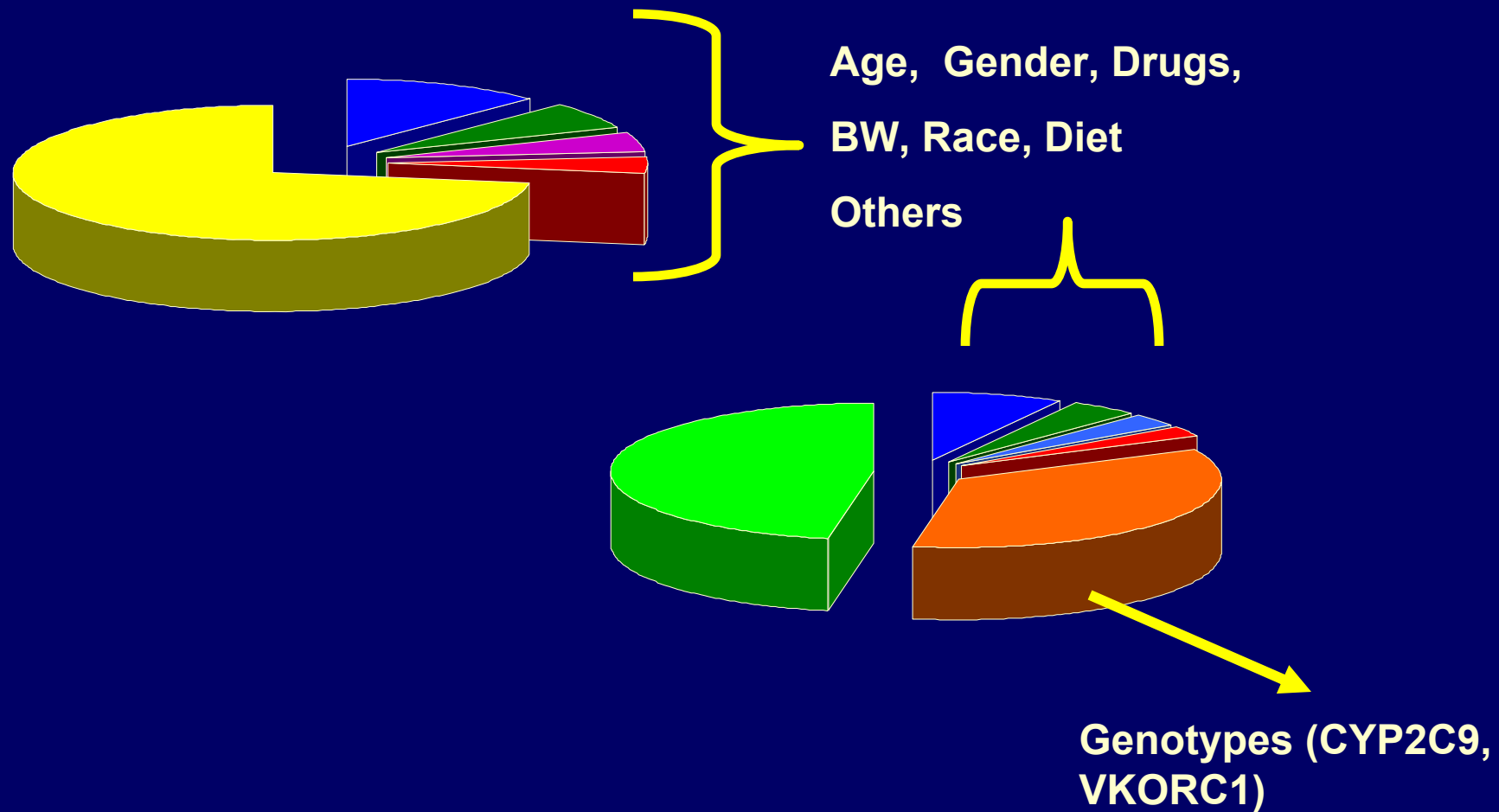
Clinical Importance of Risk: Warfarin Eludes Patients Who Need It the Most

- Underutilization of warfarin and high rate of noncompliance due to physician and patient fear of bleeding
 - Prescribed to only 2/3 of appropriate candidates
- Other reasons for not starting warfarin treatment in A Fib patients (n = 300)
 - 28% prefer treatments without INR monitoring
 - 20% fear of bleeding
 - 18% would have difficulty to get INR monitored

Choudhry et al, Br Med J, 2006, Patient Record Review on File at Astra-Zeneca, White et al, Am J Med 1999, Wolf, Arch Int Med 1987, Birman-Deych et al, Stroke 2006

<Courtesy of Myong-Jin Kim, CDER presentation, September 2009>

Predicting the Warfarin Stable Dose



*Wadelius et al, Blood 2009, Gage et al, Clin Pharmacol Ther 2008,
Caldwell et al, Clin Med Res 2007*

Frequency of VKORC1

-1639 G>A	AA	AG	GG
Caucasians (N=297)	19%	56%	25%
Spanish (N=105)	32%	40%	28%
Chinese (N=104)	80%	18%	2%
African Americans (N=159)	0%	21%	79%

Asians may need a lower dose

<Sconce et al. Blood 2005, Yuan et al. Human Mol Genetics 2005, Schelleman et al. Clin Pharmacol Ther 2007, Montes et al Br J Haemat 2006>

Public Debates

nature publishing group

PERSPECTIVES

See ARTICLE page 326

POINT/COUNTERPOINT

The Critical Path of Warfarin Dosing: Finding an Optimal Dosing Strategy Using Pharmacogenetics

LJ Lesko¹

Warfarin and Pharmacogenomic Testing: The Case for Restraint

DA Garcia¹

LJ Lesko, Clin Pharmacol & Ther, September 2008
DA Garcia, Clin Pharmacol & Ther, September 2008



Is Warfarin Pharmacogenomic Testing Ready for Prime Time?

Today's Debate to Focus on Implementation Issues

By David A. Lavee, MD

In nearly a year, personalized medicine has become the subject of much hype in newspapers and magazines. Although it has yet to become a part of routine healthcare, the use of August 2008 guidelines for warfarin dosing based on genetic information helps to illustrate the challenges ahead. The guidelines state that patients with certain variants of the CYP2C9 and VKORC1 genes should be given lower initial doses. But despite the guidelines, the warfarin pharmacogenomic testing is not being used widely. While most agree on pharmacogenomic testing, it is not clear what potential for point-of-care, they disagree about what to do in the time to implement it. Within 12 months, the guidelines are expected to be updated.



Opponents Want More Data

Warfarin Debate, page 326



DA LAVEE, MD

The debate format represents a new twist to the standard symposium presented at the AACC Annual Meeting. Everyone who attends the debate will get a chance to weigh in on the issue, Lavee said. The audience will vote both before and after the debate to determine if the speakers were able to sway opinions.

Proposition to Emphasize Potential



DA LAVEE, MD

Shaw-Mei Huang, PhD, Deputy Director of FDA's Office of Clinical Pharmacology will propose a motion in favor of more widespread testing, reflecting FDA's stance on the issue. FDA's role is to ensure that the guidelines are followed, which indirectly suggests that physicians consider pharmacogenomic testing to determine initial warfarin dose, is based on data showing that doing so can reduce the risk of bleeding.



DA LAVEE, MD

ity (Clinical Pharmacology Therapeutics) also did so (aacc.org/2008/08/28/08082801). Huang also plans to discuss data that support expected cost effectiveness of widespread testing. One concern is that warfarin testing is not being used widely, which could slow American warfarin use to avoid between 4,000 and 10,000 serious bleeding events annually, the guideline on Personalized Medicine states (aacc.org).

Meanwhile, various studies also show that genetic variants of the CYP2C9 and VKORC1 genes affect clearance and dose requirements. "There's a consistent relationship, even the worst critics of the test acknowledge the correlation and know what to do," added Mark Linder, PhD, who is also speaking in favor of more widespread testing. Linder is Associate Director, Pharmacology and Therapeutics, and



MARK LINDER, PhD

AACC warfarin Debate: Hallworth, Huang, Eby, Linder, Jaffer, July 28, 2008
http://www.aacc.org/publications/cln/2008/July/dailies/Pages/mon_daily1.aspx

January 2010 Relabeling

<u>VKORC1</u>			<u>CYP2C9</u>			
	*1*1	*1*2	*1*3	*2*2	*2*3	*3*3
GG	5-7 mg	5-7 mg	3-4 mg	3-4 mg	3-4 mg	.5-2 mg
AG	5-7 mg	3-4 mg	3-4 mg	3-4 mg	.5-2 mg	.5-2 mg
AA	3-4 mg	3-4 mg	.5-2 mg	.5-2 mg	.5-2 mg	.5-2 mg

Drugs at the FDA (COUMADIN, "Initial Dosage")

http://www.accessdata.fda.gov/drugsatfda_docs/label/2010/009218s108lbl.pdf

<http://www.accessdata.fda.gov/Scripts/cder/DrugsatFDA/>

Predicted Warfarin Maintenance Dose

CYP2C9

*1/*1

*1/*2

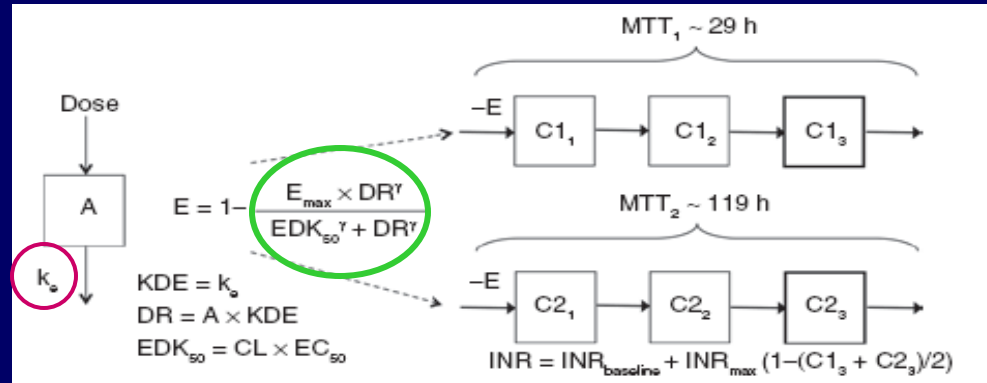
*1/*3

*2/*2

*2/*3

*3/*3

$$CL = V \cdot K_e$$



DR: drug-receptor

EDK₅₀ for VKOR1

G/G

G/A

A/A

Table 4 Predicted maintenance doses of warfarin to achieve a target steady-state INR of 2.5 in typical 50-, 70-, and 90-year-old subject with different combinations of CYP2C9 and VKORC1 genotypes to illustrate their relative influence on warfarin dose requirements

CYP2C9	VKORC1 – 1639 G>A (rs9923231)								
	G/G			G/A			A/A		
	50 years	70 years	90 years	50 years	70 years	90 years	50 years	70 years	90 years
*1/*1	8.5 (5.7–11.2)	7.6 (5.2–10.0)	6.7 (4.6–8.9)	6.2 (4.2–8.2)	5.6 (3.8–7.4)	4.9 (3.4–6.5)	4.0 (2.7–5.2)	3.6 (2.4–4.7)	3.2 (2.1–4.2)
*1/*2	6.4 (4.3–8.4)	5.7 (3.9–7.5)	5.1 (3.4–6.7)	4.7 (3.2–6.2)	4.2 (2.9–5.5)	3.7 (2.5–4.9)	3.0 (2.0–3.9)	2.7 (1.8–3.5)	2.4 (1.6–3.1)
*1/*3	5.3 (3.6–6.9)	4.7 (3.2–6.2)	4.2 (2.8–5.5)	3.9 (2.6–5.1)	3.5 (2.4–4.6)	3.1 (2.1–4.1)	2.5 (1.7–3.3)	2.2 (1.5–2.9)	2.0 (1.3–2.6)
*2/*2	4.3 (2.9–5.6)	3.8 (2.6–5.1)	3.4 (2.3–4.5)	3.1 (2.1–4.1)	2.8 (1.9–3.7)	2.5 (1.7–3.3)	2.0 (1.4–2.6)	1.8 (1.2–2.4)	1.6 (1.1–2.1)
*2/*3	3.2 (2.1–4.2)	2.8 (1.9–3.7)	2.5 (1.7–3.3)	2.3 (1.6–3.1)	2.1 (1.4–2.8)	1.8 (1.3–2.4)	1.5 (1.0–2.0)	1.3 (0.9–1.8)	1.2 (0.8–1.6)
*3/*3	2.1 (1.4–2.7)	1.8 (1.3–2.4)	1.6 (1.1–2.2)	1.5 (1.0–2.0)	1.4 (0.9–1.8)	1.2 (0.8–1.6)	1.0 (0.7–1.3)	0.9 (0.6–1.1)	0.8 (0.5–1.0)

Values within parentheses represent corresponding doses for a target steady-state INR of 2.0 and 3.0, respectively.

INR, international normalized ratio.

⟨Hamberg et al, Clin Pharmacol Ther, 2010⟩

Warfarin Drug Interactions -Jan 2010 Labeling

Specific Drugs Reported		
acetaminophen	fenofibrate	oxymetholone
alcohol†	fenoprofen	pantoprazole
allopurinol	fluconazole	paroxetine
aminosalicylic acid	fluorouracil	penicillin G, intravenous
amiodarone HCl	fluoxetine	pentoxifylline
argatroban	flutamide	phenylbutazone
aspirin	fluvastatin	phenytoin†
atenolol	fluvoxamine	piperacillin
atorvastatin†	gefitinib	piroxicam
azithromycin	gemfibrozil	pravastatin†
bivalirudin	glucagon	prednisone†
capecitabine	halothane	propafenone
cefamandole	heparin	propoxyphene
cefazolin	ibuprofen	propranolol
cefoperazone	ifosfamide	propylthiouracil†
cefotetan	indomethacin	quinidine
cefoxitin	influenza virus vaccine	quinine
ceftriaxone	itraconazole	rabeprazole
celecoxib	ketoprofen	ranitidine†
cerivastatin	ketorolac	rofecoxib
chenodiol	lansoprazole	sertraline
chloramphenicol	lepirudin	simvastatin
chloral hydrate†	levamisole	stanazolol
chlorpropamide	levofloxacin	streptokinase
cholestyramine†	levothyroxine	sulfamethizole
cimetidine	liothyronine	sulfamethoxazole
ciprofloxacin	lovastatin	sulfinpyrazone
cisapride	mefenamic acid	sulfisoxazole
clarithromycin	methimazole†	sulindac
clofibrate	methyldopa	tamoxifen
COUMADIN overdose	methylphenidate	tetracycline
cyclophosphamide†	methylsalicylate ointment (topical)	thyroid
danazol	metronidazole	ticarcillin
dextran	miconazole (intravaginal, oral, systemic)	ticlopidine
dextrothyroxine	morizine hydrochloride†	tissue plasminogen activator (t-PA)
diazoxide	nalidixic acid	tolbutamide
diclofenac	naproxen	tramadol
dicumarol	neomycin	trimethoprim/sulfamethoxazole
diflunisal	norfloxacin	urokinase
disulfiram	ofloxacin	valdecoxib
doxycycline	olsalazine	valproate
erythromycin	omeprazole	vitamin E
esomeprazole	oxandrolone	zafirlukast
ethacrynic acid	oxaprozin	zileuton
ezetimibe		

also: other medications affecting blood elements which may modify hemostasis

http://www.accessdata.fda.gov/drugsatfda_docs/label/2010/009218s108/bl.pdf

Genotype- Specific Inhibition Effect

Pop 1: CYP2C9 EM; Pop 2: CYP2C9 PM,
M/F=1.0; Age 20-40 yr

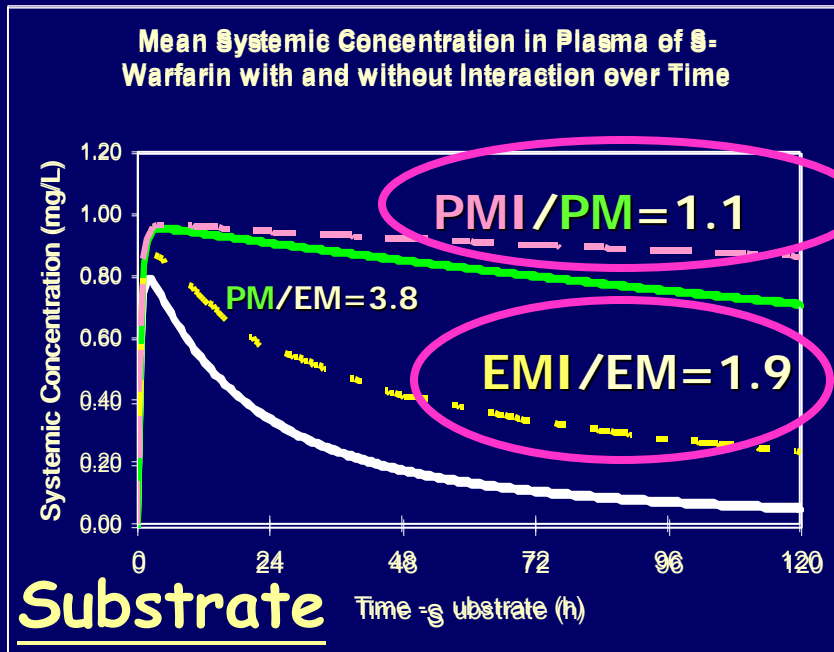
S-warfarin: SD 10 mg on day 1

Sulfaphenazole: QD 2000 mg 5 days

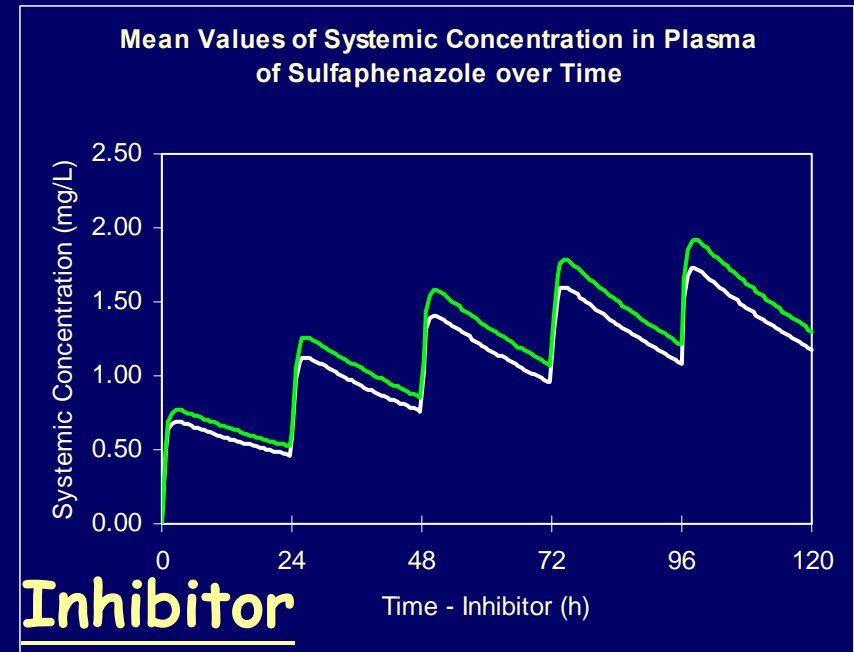
7-OH Warfarin	EM (*1/*1)	PM (*3/*3)
CL _{int} ' (uL/min/pmol CYP)	0.034	0.005

Using SimCYP® V8.20

— EM Control — EM + Inh.
 — PM Control — PM + Inh.



— EM Control
 — PM Control

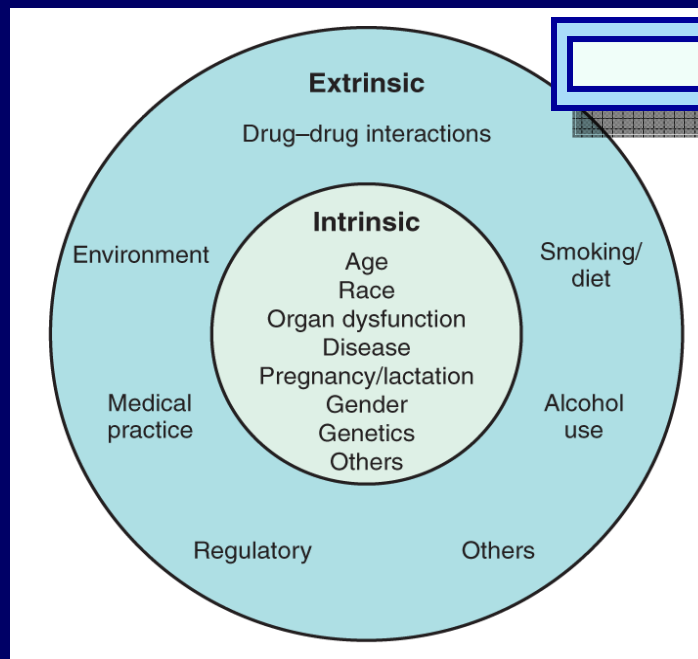


<Zhao P, Zhang L, Lesko L, Huang S-M, LOL presentation, Merriam, WI, September 2009>

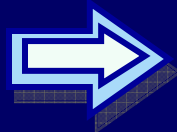
→ Which population needs dose adjustment?
(e.g., atroxetine lableing)

PBPK: Application of PBPK in Clinical Pharmacology Evaluation

A. Intrinsic/extrinsic Factors

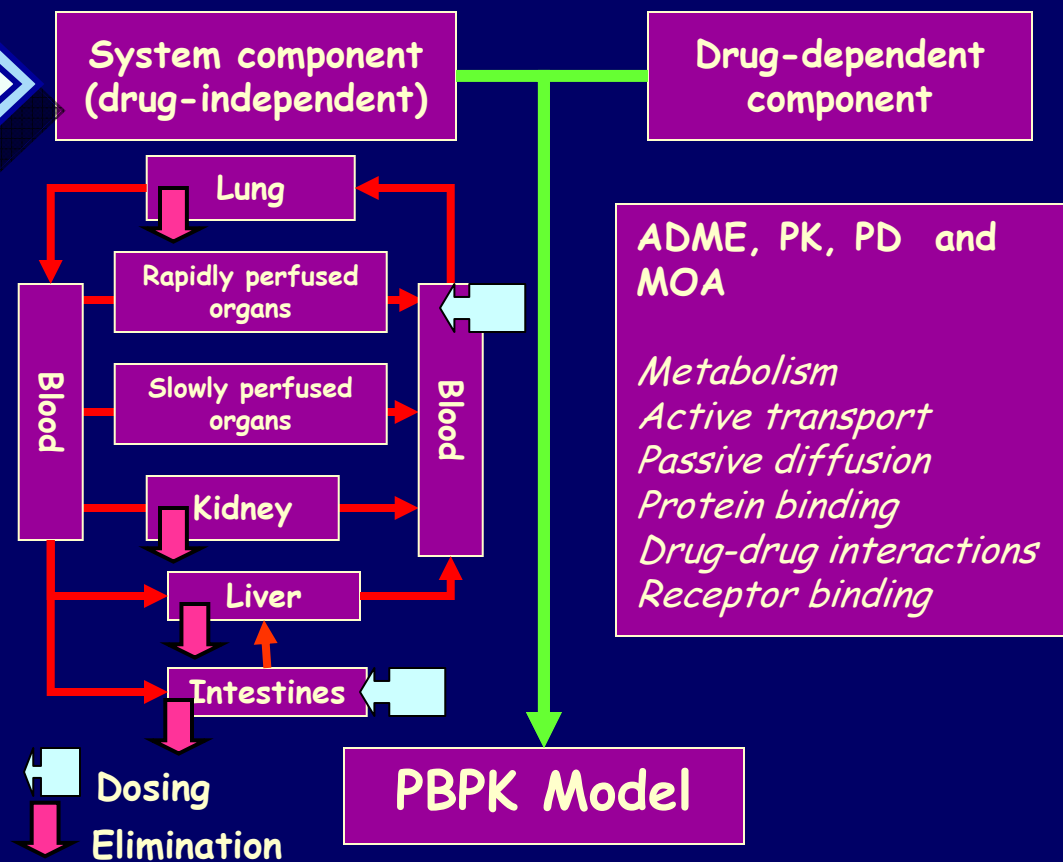


Huang and Temple, 2008



Individual or combined effects on human physiology

B. PBPK Model components



Predict, Learn, Confirm

<Zhao P, et al, Clin Pharmacol Ther, in press>

Labeling Example (3)

Statins
&
Transporters

Drugs Withdrawn from the US Market due to Safety Reasons

Withdrawn	Approved	Drug name	Use	Risk
1998	1997	Mibefradil	High blood pressure/Chronic stable angina	Torsades de Pointes; Drug-drug interactions
1998	1997	Bromfenac	NSAID	Acute liver failure
1998	1985	Terfenadine	Antihistamine	Torsades de Pointes; Drug-drug interactions
1999	1988	Astemizole	Antihistamine	Torsades de Pointes; Drug-drug interactions
1999	1997	Grepafloxacin	Antibiotics	Torsades de Pointes
2000(2002)*	2000	Alosetron*	Irritable bowel syndrome in women	Ischemic colitis; complications of constipation
2000	1993	Cisapride	Heartburn	Torsades de Pointes; Drug-drug interactions
2000	1997	Troglitazone	Diabetes	Acute liver failure
2001	1997	Cerivastatin	Cholesterol lowering	Rhabdomyolysis; Drug-drug interactions
2001	1999	Rapacuronium	Anesthesia	Bronchospasm
2003	1993	Levomethadyl	Opiate dependence	Fatal arrhythmia
2004	1999	Rofexocib	Pain relief	Skin reactions (SJS)
2005	2001	Valdecoxib	Pain relief	
2005(2006)*	2004	Natalizumab*	Multiple sclerosis	Brain infection
2005	2004	^{99m} Tc**	Diagnostic aid	Cardiopulmonary arrest
2005	1975	Pemoline	ADHD	Liver failure

CYP/transporter inhibitor

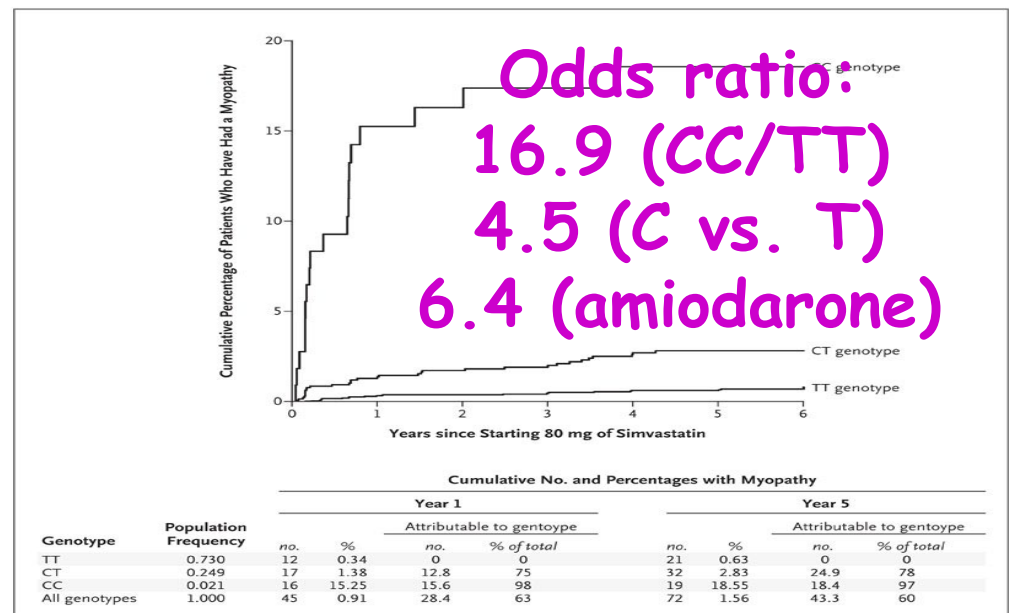
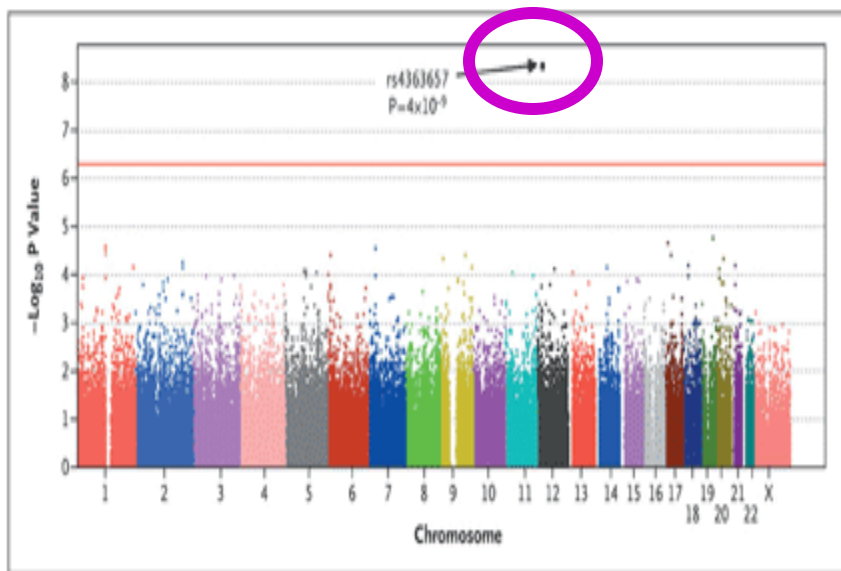
CYP/transporter substrate

* remarketed with restricted distribution ** Technetium (^{99m}Tc) fanolesomab

Huang, S-M, et al, "Principles of Gender-Specific Medicine", Ed., Legato M, Academic Press, 2004, pp 848-859 ; Huang, S-M, et al, Toxicology Mechanisms and Methods, 16: 89-99, 2006

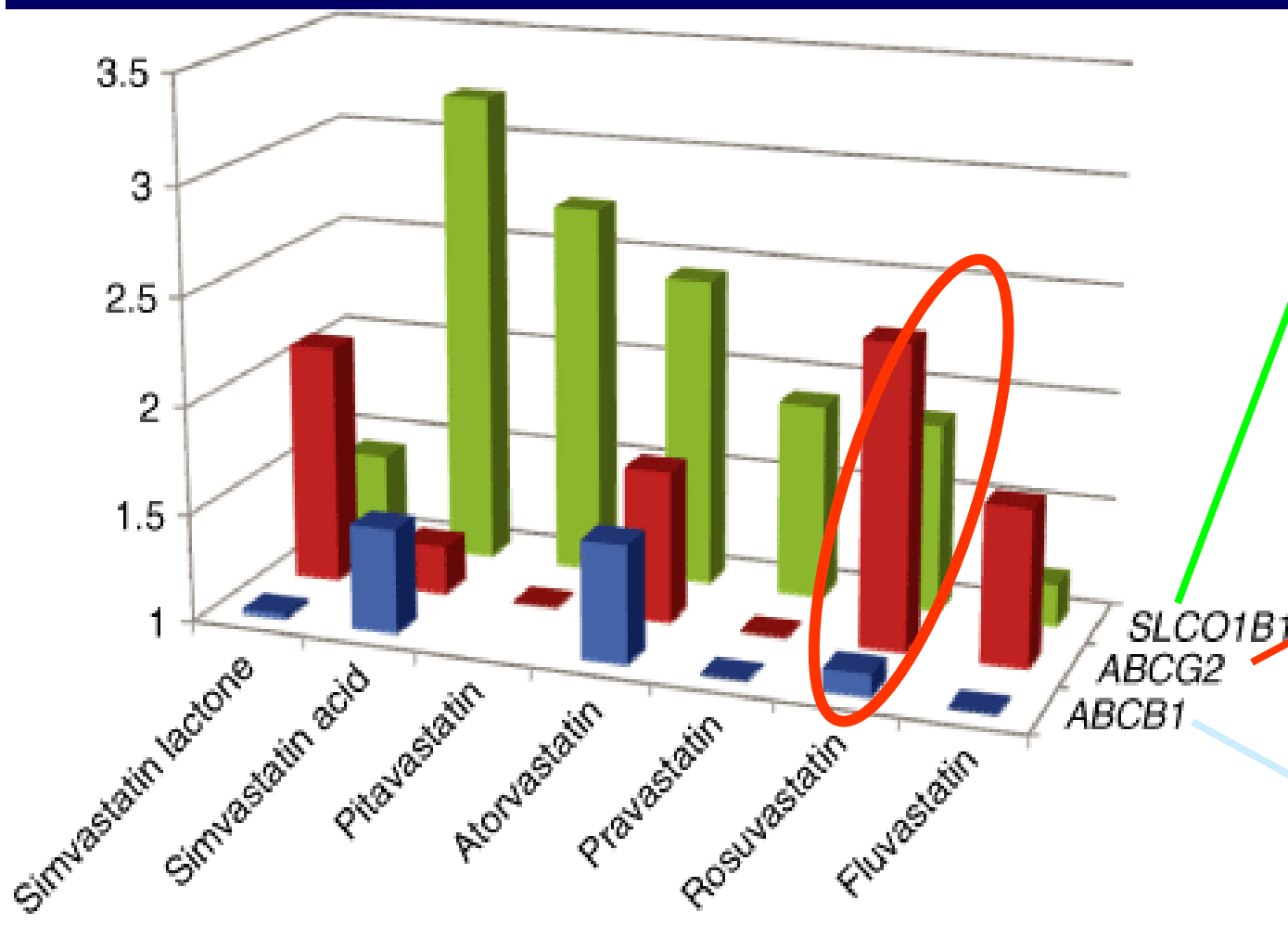
Pharmacogenetics (simvastatin) - Myopathy -

Genomewide Association



1. Estimated Cumulative Risk of Myopathy Associated with Taking 80 mg of Simvastatin Daily, according to SLCO1B1 rs4149056 Genotype (c.521T>C)
2. Association replicated in another 40 mg group

Fold-Change in Plasma AUC - Effect of Transporter Genetics -



(OATP1B1)
c.521CC/TT

c.521T>C

White: Black: Asian
15-20: 2 : 10-15%

(BCRP)
c.421AA/CC

c.421 C>A

White: Black: Asian
15-20: 0-5 : 25-35%

(P-gp)
c.1236TT/CC
c.2677TT/GG
c.3435TT/CC

Data from Niemi M, Clin Pharmacol Ther 87:130, January 2010

OATP1B1

“Eltrombopag is an inhibitor of OATP1B1 transporter. Monitor patients closely for signs and symptoms of excessive exposure to the drugs that are substrates of OATP1B1 (e.g., rosuvastatin) and consider reduction of the dose of these drugs.”

The following were listed as OATP1B1 substrates:
“benzylpenicillin, atorvastatin, fluvastatin, pravastatin, rosuvastatin, methotrexate, nateglinide, repaglinide, rifampin”

Drugs at the FDA (Promacta, November 2008, "Highlights" and "Drug Interactions")
http://www.accessdata.fda.gov/scripts/cder/drugsatfda/index.cfm?fuseaction=Search.Label_ApprovalHistory
<http://www.accessdata.fda.gov/Scripts/cder/DrugsatFDA/>

Labeling of Simvastatin

TABLE 1 Drug Interactions Associated with Increased Risk of Myopathy/Rhabdomyolysis

• Itraconazole Ketoconazole Erythromycin Clarithromycin
Telithromycin HIV protease inhibitors Nefazodone

→ Avoid simvastatin

• Gemfibrozil Cyclosporine Danazol

→ Do not exceed 10 mg simvastatin daily

• Amiodarone Verapamil

→ Do not exceed 20 mg simvastatin daily

• Diltiazem

→ Do not exceed 40 mg simvastatin daily

• Grapefruit juice

→ Avoid large quantities of grapefruit juice (>1 quart daily)

Chinese Patients
Taking Lipid-
Modifying Doses
(≥ 1 g/day Niacin)
of Niacin-containing
Products

→ Do not take
80 mg

Simvastatin labeling (Zocor), April 2010:

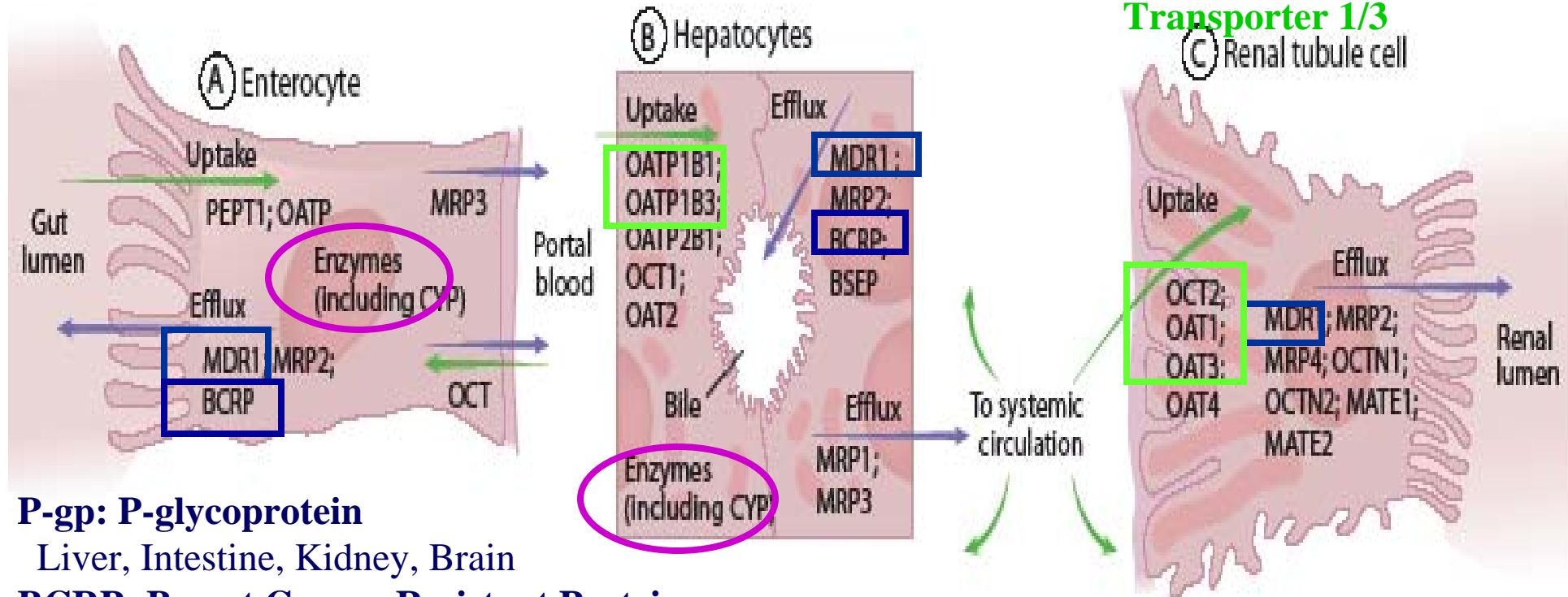
http://www.accessdata.fda.gov/drugsatfda_docs/label/2010/019766s080lbl.pdf

Selected efflux & uptake transporters in the gut wall (a), liver (b), and kidneys (c)

OATP: Organic Anion Transporting Polypeptide

OCT2: Organic Cation Transporter 2

OAT1/3: Organic Anion Transporter 1/3



P-gp: P-glycoprotein

Liver, Intestine, Kidney, Brain

BCRP: Breast Cancer Resistant Protein

Liver, Intestine, Kidney, Brain

Huang S-M, Lesko LJ, and Temple R, "Adverse Drug Reactions and Pharmacokinetic Drug Interactions", Chapter 21, Adverse Drug Reactions and Drug Interactions in Part 4, **FUNDAMENTAL PRINCIPLES: Clinical Pharmacology**, "Pharmacology and Therapeutics: Principles to Practice," Ed. Waldman & Terzic, Elsevier, 2009

White Paper

From the "International Transporter Consortium"

1. Overview of Transporters

Overview, MDR1, BCRP, OAT/OCT, OATP

2. Methods for Studying Transporters

Cell/membrane models, intact organ/in vivo models;
modeling/imaging tools, enzyme/transporter interplay

3. Drug Development Issues

Overview/example cases: **decision trees**

1. International Transporter Consortium, *Nature Reviews Drug Discovery*, March 2010
2. Huang S-M, Woodcock J, *Nature Reviews Drug Discovery*, March 2010
3. Huang S-M, Zhang L, Giacomini, *Clin Pharmacol Ther*, Jan 2010

→ Follow up workshop in March 2012 in
Bethesda/Washington DC area

Summary

- Individual variations in drug response may be attributed to various intrinsic and extrinsic factors; genetics is one of the factors and needs to be considered along with other factors
- It is important to assess safety, effectiveness and dose-exposure response in various subgroups during drug development and apply the results of exposure-response to better define optimum individual dosing regimens

Summary (2)

- As the pharmacogenetics/ pharmacogenomics information becomes available, its association with the safe and effective use of drugs has been incorporated in the drug label and some tests have been incorporated into clinical practice
- Challenges need to be continued to be addressed in the translation of genetic information to product labeling and clinical practice

Summary (3)

- Collaboration is key to future successes
- Application of modeling/simulation (e.g., PBPK) is critical to optimal study design and to addressing issues related to multiple inhibitors/multiple patient factors
- Various guidance documents in development will discuss premarketing evaluation of pharmacogenetics in early phase clinical studies, drug interactions, others

FDA OTS dashboard:

<http://www.fda.gov/AboutFDA/WhatWeDo/track/ucm206444.htm#progmeas>

References

FDA Drug Development and Drug Interactions Website;

<http://www.fda.gov/Drugs/DevelopmentApprovalProcess/DevelopmentResources/DrugInteractionsLabeling/ucm080499.htm>

Genomics at the FDA:

<http://www.fda.gov/Drugs/ScienceResearch/ResearchAreas/Pharmacogenetics/default.htm>

Drugs@FDA;

<http://www.accessdata.fda.gov/scripts/cder/drugsatfda/>

Clinical Pharmacology Guidance for industry:

<http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/ucm064982.htm>

For Consumers:

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm212747.htm>